



## Directions / Hotels

South Mountain Orthopaedic Associates, LLC  
61 First Street, South Orange, NJ 07079  
(973) 762-8344 fax (973) 762-1626 E-mail: [info@njortho.com](mailto:info@njortho.com)



Our office is located at 61 First Street, South Orange, NJ, with convenient access from all major roads and interstate highways. First Street is a one-way street which can only be entered from Valley Street.

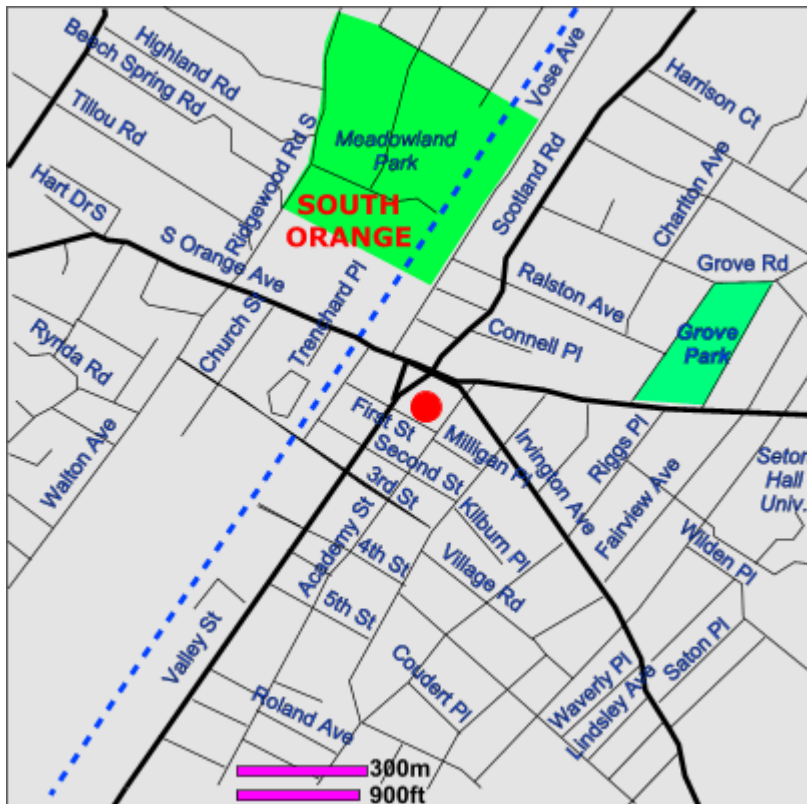
Parking: the lot is across the street.

HANDICAP Parking: There is one temporary handicap parking spot directly in front of our building.

WHEELCHAIR ACCESS: There is an entrance ramp on the left side of the building. Make the turn into the driveway BEFORE you reach the building. Park in that driveway, use ramp, enter the atrium located on the side of the building. Our office is the 1st door on right.



## DIRECTIONS



### Directions from Interstate 78 Eastbound

Exit 8-A (Prospect Avenue, West Orange). Take this as far as you can and make a left onto Northfield Avenue. Make a right onto Gregory Avenue (this road eventually changes to Wyoming).

Continue to the end and make a left turn onto South Orange Avenue. Continue and when you go under the overpass/bridge make a right turn at the third (3rd) light onto Valley. Then make a left at the next street, which is FIRST STREET.

Our building is on the left side of the street. Enter our office through the glass atrium in front of the building (use the door on the right side of the atrium).



#### Directions from Interstate 78 Westbound

Exit 11B (Day Street). Make a left turn at the second (2nd ) light. Make another left at the next light, and a right turn at the following light which is CENTER STREET.

Take Center St to the end and make a right turn onto South Orange Avenue. Proceed on South Orange Avenue and make a left turn at the third (3rd) light onto Valley St (i.e. the traffic light AFTER you pass the Rite Aid Pharmacy). Then make a left at the next street which is FIRST STREET

Our building is on the left side of the street. Enter our office through the glass atrium in front of the building (use the door on the right side of the atrium).

#### Directions from New York City

Take the Lincoln or Holland Tunnel.

From Lincoln Tunnel take the New Jersey Turnpike South to Exit 15W.

From the Holland Tunnel, take the New Jersey Turnpike North to Exit 15W.

#### Directions from Pennsylvania

Take the Pennsylvania Turnpike East to the New Jersey Turnpike North.

Get off the Turnpike at Exit 11 (Garden State Parkway North).

Take the Garden State Parkway to Exit 145 and follow the directions for Route 280 West.

#### Directions from West Orange area

Travel past Essex Green Plaza & proceed to Northfield Avenue. Make a Left on Northfield and make a right when you get to GREGORY Ave (which will turn into WYOMING). Take this to the end and make a left onto SOUTH ORANGE AVENUE.

Proceed on South Orange Avenue (around and down the mountain) into the center of town. When you pass under the train overpass/bridge, make a right at the 3rd (third) light onto VALLEY.

Make an immediate left turn onto FIRST STREET. We are located in the large brown building to your left. There is a temporary handicap parking space immediately in front of the glass atrium. The patient can be assisted into the building and then the car can be moved to the parking lot across the street.



## **AIR TRAVEL**

[www.continentalairlines.com](http://www.continentalairlines.com)  
[www.newark-libertyairport.com](http://www.newark-libertyairport.com)  
[www.orbitz.com](http://www.orbitz.com)  
[www.hotwire.com](http://www.hotwire.com)

## **HOTELS**

### **MARIOTT RESIDENCE INN**

107 Prospect Avenue  
West Orange, NJ 07052  
For reservations, please call (973) 669-4700  
Call Dana Reid for personalized service

Close to the hospitals and major highways.  
Rooms are suites with kitchens, reduced rates for extended stays.  
Complimentary hot breakfast and complimentary reception dinners

### **COURTYARD by Marriott**

8 Rooney Circle  
West Orange, NJ  
For reservations, please call (973) 669-4725  
Close to the hospitals and major highways.  
Continental breakfast, lounge, library,  
complimentary internet access

### **TURTLE BROOK INN**

555 Northfield Avenue  
West Orange, NJ 07052  
For reservations, please call (973) 731-5300

### **RAMADA INN**

130 Highway 10  
East Hanover, NJ  
For reservations, please call (973) 386-5622

### **MARIOTT HOTEL**

1401 Highway 10 North  
Hanover, NJ  
For reservations, please call (973) 538-8811

### **SHORT HILLS HILTON**

41 JFK Parkway  
Short Hills, NJ 07078  
For reservations, please call (973) 379-0100